

Psy 210: Lifespan Psychology  
Exam One: Study Guide

The exam will consist of about 50 Multiple-choice questions and one from each of the presentations.

Be sure you are familiar with the following points and concepts (this list is fairly comprehensive, though not exhaustive):

- ψ The ideas of context and culture and their roles in development
- ψ Bronfenbrenner's systems theory & his levels of the environment
- ψ Lerner's developmental contextualism – core ideas
- ψ The key tensions in developmental research e.g. biology vs. environment, continuity vs. discontinuity, stability vs. change
- ψ Types of research and the major benefits and drawbacks of each approach (should be able to identify type of research depicted in research example vignettes, for example being able to tell the difference between examples of descriptive studies, manipulative experiments, and naturalistic experiments)
- ψ Freud's general theory of personality development and the defense mechanisms
- ψ Erikson's psychosocial stages
- ψ Piaget's primary "drivers" of development/core concepts, contrast with Vygotsky
- ψ Skinner and Bandura and their general approaches to explaining development
- ψ Basics of fertilization
- ψ Infertility rates and general causes
- ψ DNA basics (genes, chromosomes, etc.), including human genome project
- ψ Basics of genetic inheritance (Mendelian genetics)
- ψ Transition from zygote to blastocyst to embryo to fetus
- ψ Potential impact of teratogens and differences in targets across prenatal development – principles of teratology
- ψ Fetal alcohol syndrome basics
- ψ In vitro fertilization basics
- ψ Pregnancy and historically significant teratogens
- ψ Potential complications during and after delivery