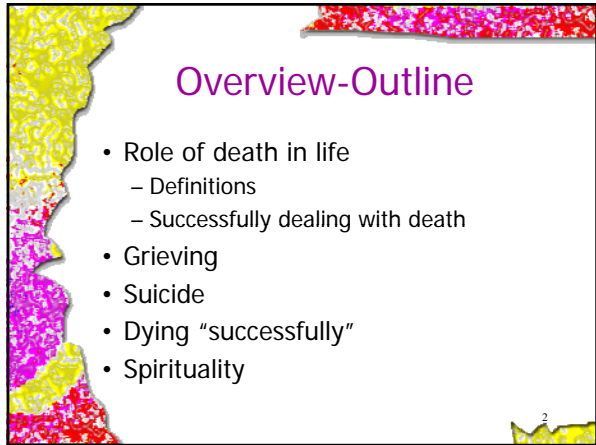


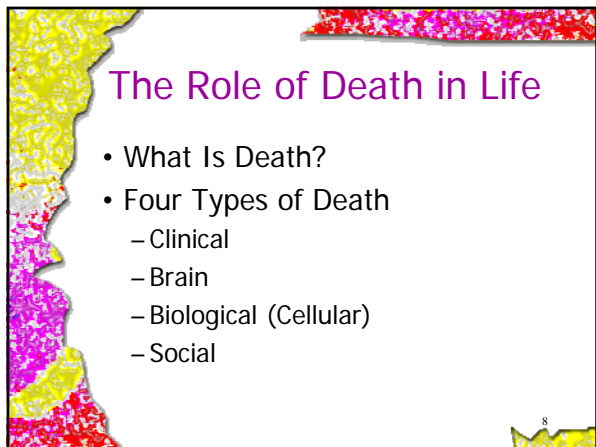
Lifespan Psychology

Chapter 19: Dying And Spirituality



Overview-Outline

- Role of death in life
 - Definitions
 - Successfully dealing with death
- Grieving
- Suicide
- Dying “successfully”
- Spirituality



The Role of Death in Life

- What Is Death?
- Four Types of Death
 - Clinical
 - Brain
 - Biological (Cellular)
 - Social

The Role of Death in Life

- The Legal Definition of Death
 - Unreceptivity and unresponsivity, no movements or breathing, no reflexes, and a flat EEG reading that remains flat for 24 hours
- Dealing Successfully with the Death of Others

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Grief Work

- Pathological Grieving
 - Three types of grief reactions
 - Delayed reaction
 - Distorted reaction
 - Pathological mourning

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Grief Work

- **The Role of Grief**
 - It is a healthy encounter with the crisis of death
- **The Role of the Funeral**
- **Dealing Successfully with One's Own Death**
 - Elisabeth Kübler-Ross' Five-Stage Theory
 - Shock and denial, anger, bargaining, depression and acceptance

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Suicide

- Adolescent suicide
- 20% of all suicides are elderly
- Reasons:
 - Poor health
 - Loneliness
- Rate for male suicide is much higher
 - women attempt more often

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"Successful" Dying

- Death with Dignity
 - Euthanasia
 - Passive euthanasia
 - Active euthanasia
 - Physician-assisted suicide (PAS)
- Hospice: "A Better Way of Dying"
 - Established to provide for a more "natural" death for the terminally ill
 - Pain medications and counseling are given

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Spirituality

- **Religious Participation**
 - Concerned with "why" life is worth living
 - Religious values become stronger with age
- **Frankl's Theory of Spirituality**
 - Three interdependent stages
 - Somatic (physical) dimension
 - Psychological dimension
 - Noetic dimension

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Spirituality

- **Jung's Theory of Spirituality**
 - Discovering a meaning and purpose
 - Gaining a perspective on others
 - Preparing for the final stage of life –death
- **Wilson's Theory of Spirituality (Sociobiological)**
 - Objectification
 - Commitment
 - Mythification

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Spirituality

- **Fowler's Theory of Spirituality**
 1. Intuitive-projective faith
 2. Mythical-literal faith
 3. Poetic-conventional faith
 4. Individuating-reflective faith
 5. Paradoxical-consolidation faith
 6. Universalizing faith

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