


Lifespan Psychology

Chapter 14: Psychosocial Development in Early Adulthood


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Outline-Overview

- Theories of adult development
 - Levinson
 - Erikson
- Marriage and the family
- Nature of love
 - Sternberg - Triarchic theory
 - Erich Fromm - Validation

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Theories of adult development

- Adulthood is marked by greater diversity than earlier stages
- Focus on common elements of diverse experiences rather than identify a developmental pattern

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The adult life cycle: Levinson

- Method
 - Biographical method
 - 40 male participants btw. ages of 35 &45
- Life course
- Life cycle
- Adult life structure
 - Structure-building period
 - Structure-changing period

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Seasons of a man's life: Levinson

- The novice phase (early adulthood)
 - The dream
 - Mentor relationships
 - An occupational decision
 - Love relationships
 - Role of the mentor
 - Increasingly important
 - Necessary for attaining a mature personality

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Stages of personal development

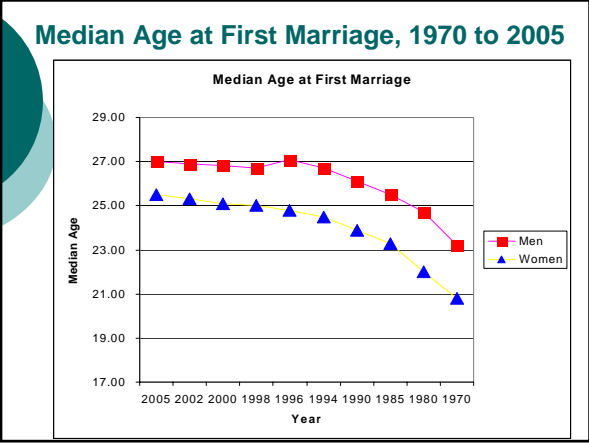
- Intimacy versus isolation: Erikson
 - Definition of intimacy
 - Distantiation

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Marriage and the family

- Changing American marriages and families
 - Trends in marriage and family relations
 - Cohabitation
 - Interracial marriages
 - Factors that affect divorce rates

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The nature of love

- The seven forms of love: Sternberg's Triarchic Theory of Love
 - Three components
 - Passion
 - Intimacy
 - Commitment
- Validation: Fromm

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