

Lifespan Development

Psychosocial Issues in Adolescence

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Agenda

- Marcia's Identity statuses
- Adolescent psychopathology
 - Lewinsohn, P.M., Hops, H., Roberts, R.E., Seeley, J.R., & Andrews, J.A. (1993). Adolescent psychopathology: I. Prevalence and incidence of depression and other DSM-III-R disorders in high school students. Journal of Abnormal Psychology, 102(1), 133-144.
- Outline of Chapter 12 – will not be discussed, for your reference/study aid

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Identity Statuses

- Identity achievement
 - has explored alternatives, committed to a clearly formulated set of self-chosen values and goals, feel sense of sameness through time, and of knowing where they are going
- Moratorium
 - "delay or holding pattern," no definite commitment, in process of exploration-gathering information and trying out activities

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Identity Statuses (cont.)

- Identity foreclosure
 - committed to values and goals without exploring alternatives, accept a ready-made identity from authority figures
- Identity diffusion
 - lack clear direction, uncommitted to values and goals, not actively trying to reach them, may have never explored alternatives

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Identity status vignettes

- When asked if she had ever reconsidered her political beliefs, Hillary answered, "No, not really, our family is pretty much in agreement on these things"
- When asked if he had ever had doubts about his religious beliefs, Ramon said, "Yes, I guess I'm going through that right now. I just don't see how there can be a God and yet so much evil in the world."

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Identity status vignettes (cont.)

- When asked how willing she would be to give up going into her chosen occupation if something better came along Darla responded, "Well, I might, but I doubt it. I've thought long and hard about law as a career. I'm pretty certain it's for me."
- When asked about his attitude toward nontraditional gender roles, Joel responded, "Oh, I don't know. It doesn't make much difference to me. I can take it or leave it."

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Identity achievement

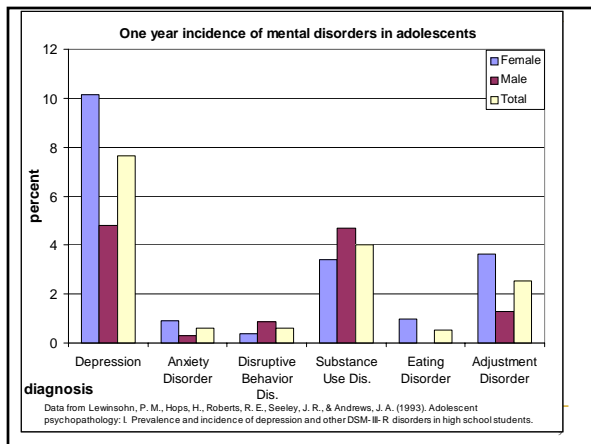
- Adolescents often shift from one status to another until identity is achieved
- Many start out as foreclosed and diffused, by late adolescence they move toward moratorium and achievement
- College triggers increased exploration, exposing young people to new career options and lifestyles

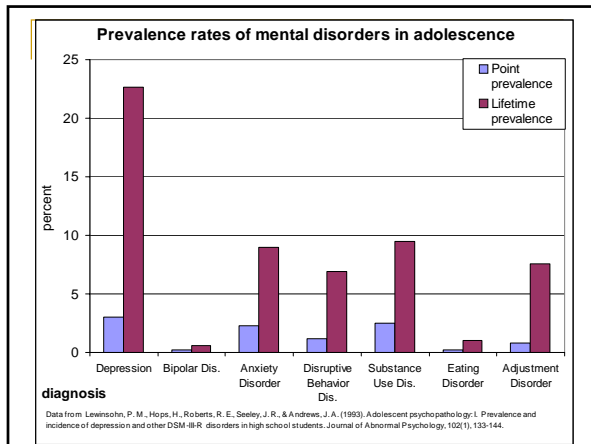
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Adolescent Psychopathology

- Randomly selected sample of high school students n=1,710 at point of entry and 1,508 at 1-yr follow-up
- Western Oregon, Eugene area
- Representative sample
- Clinical interview
- Very expensive study

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General findings

- almost 10% - current psychiatric disorder
- nearly 40% had experienced disorder during lifetime
- females experienced greater incidence
- most common: depression, anxiety disorders, substance abuse, and disruptive behavior disorders
- indicates need for stronger prevention efforts

Following slides are FYI

- Will not be discussed in class, will provide an outline for studying this chapter

Changing American Families and Their Roles in American Life

- The Loss of Functions Now Performed by Society
 - Economic-productive
 - Educational
 - Religious
 - Recreational
 - Medical
- The Effects of Divorce
 - Economic stress
 - Psychological stress
 - Discipline problems

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Changing American Families and Their Roles in American Life

- The Nurturing Parent
 - Devotedly interested in their children's behavior, but seldom make rules to govern it
 - Expect their children to make personal decisions based in instilled values

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Peer Relations

- Developmental Patterns of Peer Groups
 - 3 parenting styles of control
 - Support
 - Behavioral control
 - Psychological control
- Developmental Patterns of Peer Groups
 - 2 behavioral patterns
 - Externalization
 - Internalization

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Peer Relations

- 6 Functions of Peer Groups
 1. Control aggressive impulses
 2. Obtain emotional and social support and become more independent
 3. Improve social skills
 4. Develop attitudes toward sexuality and gender-role behavior
 5. Strengthen moral judgment and values
 6. Improve self-esteem

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Sexual Behavior

- Sexual Behavior
 - Girls are more likely to report initiating physical sexual aggression
 - U.S. adolescents are becoming sexually active at increasingly earlier ages
- Stages of Sexuality
 - Autosexuality: Love of one's self (masturbation)
 - Homosexuality: Love of members of one's own sex
 - Heterosexuality: Love of members of the opposite sex

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Sexual Behavior

- Homosexual Behavior
 - Psychoanalytic Theory
 - Learning Theory
 - Biopsychosocial Theory
- Sexually Transmitted Infections
 - HIV/AIDS, Chlamydia, Gonorrhea, Pelvic Inflammatory Disease, Genital Herpes, Syphilis and Hepatitis B
- Risk Factors for becoming a teenaged parent:
 - Poverty
 - Unsafe communities
 - Single-parent households
 - History of sexual abuse
 - Have sexually active teenage siblings

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