

## Bloomsburg University: Department of Psychology

### Adolescence

#### Exam #1 Study Guide: Dr. Leitzel

This exam consists of 54 multiple choice questions, plus one from each of the three presentations that have been done thus far. Areas that will be covered on the exam include, but are not limited to, the following:

- Information presented in the video "Teens what makes them tick"
- Basic classes of theories that will be used to frame adolescence
- Bronfenbrenner's systems theory
- Biological events of puberty
- Hormones and the endocrine system
- Adolescent growth spurt/physical changes
- Individual (and cultural) variability in timing of puberty
- Longitudinal vs. cross sectional research designs
- Possible effects of early and late maturation
- Basics of eating disorders and physiological changes that may underlie
- Changes in cognition during adolescence and impact on interactions w/parents
- Cognitive developmental (Piagetian) perspective on cognitive development
- Information processing perspective on cognitive development
- New approaches/perspectives (Case/Klaczynski)
- IQ basics
- Basics of new perspectives on intelligence (Sternberg/Gardner)
- Social perspective taking
- Predictors of risk taking behaviors
- Social redefinition and changes over last centuries
- Perspectives on the emergence of adolescence as a distinct life phase
- Societal drivers of adolescence as we know it
- Parallels between traditional societies and industrialized societies in practices
- Factors that might enhance or inhibit the transition into adulthood and careers