

*Bloomsburg University: Department of Psychology
Psychology of Adjustment
Study Guide for Final Exam: Dr. Ceitzel*

The exam consists of 60 Multiple-choice questions, 38 questions from chapters 12-14 and the movie we watched and 22 questions from the first 11 chapters. Topics for the first 11 chapters are covered on the study guides for the first three exams.

Be sure you are familiar with the following points and concepts (this list is fairly comprehensive, though not exhaustive):

- ☞ Death & dying*
- ☞ Suicide*
- ☞ Kübler-Ross' stages of dying*
- ☞ Trends in care for the dying*
- ☞ Physician assisted suicide*
- ☞ The film "A death of one's own"*
- ☞ Grief and the grieving process*
- ☞ Our search for identity*
- ☞ Reasons many people enter psychotherapy*
- ☞ Meaning and freedom in life - Frankl's ideas*
- ☞ Developing a philosophy of life*
- ☞ Trends with respect to religion*
- ☞ Prejudice and its causes and impacts*
- ☞ Ways of continuing self-exploration*
- ☞ Pursuing counseling*
- ☞ Difficulties with therapeutic work*
- ☞ Dreams*