The exam consists of 42 Multiple-choice questions.

Be sure you are familiar with the following points and concepts (this list is fairly comprehensive, though not exhaustive):

- Results of our sexualized culture
- Distinction between sensuality and sexuality
- Issues that can interfere with sensual and sexual pleasure
- Possible misuses of sexual activity
- HIV/AIDS facts
- Other common sexually transmitted diseases
- Effects of incest / childhood sexual abuse
- Date/acquaintance rape
- Sexual harassment
- Career / Education motivations, decision making
- Holland’s types and connections with occupational categories
- What happens after retirement
- Loneliness vs. solitude
- Dynamics of the airspeed velocity of a southbound European Swallow whilst carrying a coconut, gripping it by its husk, of course
- Why / how we avoid loneliness & solitude
- Shyness, research findings